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# NEW COMMUNITY CLARION

SERVING THE PEOPLE OF BABYLON - St. ROSE OF LIMA & NEW COMMUNITY

VOL. 3 NO. 8

NEWARK, NEW JERSEY

OCTOBER, 1985

## New Community Prepared For Computer Center Hardware

The New Community Computer Center has begun taking form. After receiving board approval for the project in August, several important phases of the project have been initiated. Presently the completion of the proper computer room environment, electrical and data wiring, installation of communication lines, hardware delivery and final software specification are being coordinated.

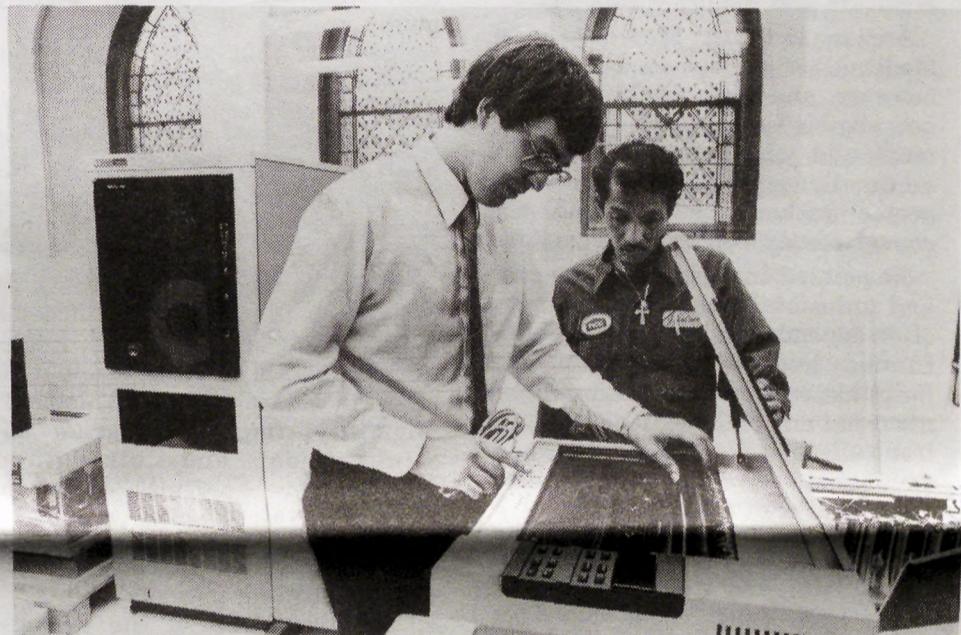
Electricians from the NCC maintenance staff were busy in late September wiring the second floor of St. Joseph Plaza for computer equipment. Many hours were spent carefully installing the wires from below, to minimize any exposure of cable. The

computer room itself has a built-in raised floor ready as part of the renovation of what was once the choir loft in St. Joseph's. A small hatch door has been added to gain access to the free space below. Branching out from this area are the numerous cables, reaching several departments in the second floor office space.

During mid-September communication lines were established between St. Joseph Plaza and the Management office, Douglass-Harrison and Central Maintenance. In each case the necessary circuits have been provided to establish a communication link between the facilities.

Simultaneously the computer room environment has been tested and verified. The dedicated air conditioning unit will insure an operating environment of 72°F, which is optimal for digital electronics. Similarly the humidity will be maintained at 45 percent year round by a vaporfan located within the room.

Delivery of the hardware has been confirmed by Hewlett Packard and installation is scheduled for the first week in October. Hewlett Packard will be shipping a variety of components from several of their factories both nationally and abroad. Terminals and printers may ship from California while the system units may ship from Geneva, Switzerland.



Jim Rohrman, Computer Systems Manager, and electrician Juanito Dacono unpack and install the mass storage unit and printers in the new computer center.

The first two weeks in October will be spent interfacing the computer components and validating the network and hardware.

Once hardware validation is complete, the software modules will be loaded for validation. This involves loading test data and performing each function of the program to confirm

accuracy.

During the following months, processing will begin on the computer. Applications will be put on-line as others complete testing and validation. The ground work under way now will provide the foundation for the information system of tomorrow. James Rohrman

## Spanish Community Registers Voters

The Spanish community in the St. Rose of Lima realm is composed of approximately five thousand (5,000) hispanics of scattered Spanish origin. During the last month, a voter registration drive was conducted to persuade hispanics to have a more visible and vocal involvement in their own future and that of their communities.

The vote, your direct power, is an assurance that the existing and/or future political leaders will take note of a community and the voice that it represents.

The hispanic community is a sizable part of the state's population and even a larger part of the Newark population. The only manner in which it is truly to transcend its adversities and relinquish severe poverty among its people, is by uniting its masses as a single sounding force and vote.

Several members of this politically aware community have taken their first step toward their future by registering to vote in the coming election. Exemplifying the viability and strength of the Spanish community, it was noted that in one family, twenty-eight (28) associated adults were registered to vote.

The Spanish community must unite. It is essential that we register and vote with one voice during the upcoming election.

## Spotlight On Women In Government

### Jane Burgio: New Jersey Secretary Of State

#### Second In A Series

An interest in politics that began on a volunteer level many years ago led Mrs. Jane Burgio in January of 1982 to the New Jersey cabinet position of Secretary of State — and the Secretary wholeheartedly recommends this route to women today. "I was lucky," she says. "I had these opportunities. I didn't think of it; I just went from one thing to another."

Secretary Burgio began as a Young Republican, working on a local campaign for Eisenhauer and moved from town to town, getting more involved. She stayed with her volunteer role until 1973 when she had a chance to run for the Assembly. She took it, was elected and served for eight years representing the Livingston and West Caldwell District. For 4 of those years the other Assembly member in this

district was Governor Thomas H. Kean.

After Mrs. Burgio's second term in office, redistricting moved her district from Essex County where she was well known, to Passaic. She decided not to run again, but to put her efforts into supporting the Kean gubernatorial campaign; Governor Kean won. When he asked Jane which job she would like to have in his administration, "I asked to be Secretary of State," she told me without hesitation. It is an appointed position and her time in the Assembly had gained her many supporters so the appointment was readily approved. It was the first time a woman had held the cabinet post in New Jersey.

Reacting to my next remarks that her 8 years in the Assembly probably prepared her for what the job encom-

passed, she laughed and replied — "You don't really know until you get here. I thought I knew. I spent 8 years on the other end of the hall and I thought I knew something about administration, but it's only when you get in that you find out how things really work. It's a completely different world."

Describing the scope of her duties in a booklet entitled "The New Jersey Department of State" the secretary tells us—"The Department of State operates in many worlds. One is the practical, the financially oriented, the business of record keeping and management. Another is the world of arts, culture, the humanities and a human experience that enriches our living. A third is the world which recognizes the right of the people to

Continued on page 3

## Health Care: A Basic Human Right

*"It flows from the sanctity of life and the dignity of human persons."*

This was the message of The American Catholic Bishops in their 1981 pastoral letter on health care, which Cardinal John J. O'Connor made reference to, in a Labor Day Statement released in his capacity as chairman of the U.S. Catholic Conference Committee on Social Development and World Peace.

The Cardinal pointed out that at least 35 million Americans cannot afford adequate health care despite the fact that "affordable health care has been a major objective of labor unions and working people throughout the century," mentioning in his statement the 20th anniversary of Medicare and Medicaid this year.

Access to both Medicare and Medicaid is sometimes a problem however, and fewer of the poor are now eligible for the latter. Unemployment and job changes as well as minimally paying jobs often leave people without benefits and not enough money to afford private plans.

He pointed out also that "The poor and uninsured in our country have often depended on care from publicly funded health services: public hospitals, community health centers, maternal and child health projects." Ironically however, care from these sources has been decreasing and more and more, health care has become a profit-making business. "What has traditionally been called the health-care system is now described as the health care industry," he said. This care is a ministry, which works to restore health and wholeness to each person and to the community — so the sense of an industry is dehumanizing.

He pointed out that cost containment programs in hospitals often send home those who are not yet able to fully care for themselves and have no support services at their disposal. "The tremendous growth in investor-

owned facilities for non-hospital emergency and surgical care is troubling," stated O'Connor. "As such systems become the norm and begin to dominate the market for certain kinds of services, those who cannot pay and have no insurance will find fewer and fewer sources of medical care."

In discussing what can be done the Cardinal reminded his people that the works of mercy and the works of justice are inseparable and called for all to work "to ensure that as a nation we guarantee that no one is denied adequate health care because of inability to pay or other kinds of discrimination. We cannot tolerate public policies or institutional arrangements that subordinate basic human rights to government cost savings or investor's profits. "Changes in the organization and financing of health-care-delivery systems inevitably influence the availability of services to the poor," the Cardinal pointed out.

He encouraged people to work at local levels in parishes and dioceses to document and publicize inadequacies in local services, to join with others in working to expand Medicaid eligibility, improve program administration and strengthen regulatory mechanisms. "Active interest in state legislation on the malpractice-insurance crisis could ensure early action to control rates while protecting patients' rights."

"The first draft of the bishops' pastoral on social teaching and the U.S. economy," he said in conclusion, "reminds us that one of the most important criteria in judging economic decisions should be the effect that such decisions will have on the poor. Using that standard, it would appear that we have a lot of work to do in providing adequate health care in our nation."

**Tact is the art of making a point without making an enemy.**

### THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

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Every state in the union has a Department of State, no less so New Jersey where the title of "Secretary" and its obligations reach back to early colonial times and where, today, the functions of the Department are more numerous, its constituencies wider, and its responsibilities deeper than ever before.

The Secretary of State is traditionally a gatherer and a keeper, a recorder and a dispenser of information. Rulers, descended, anointed, appointed and elected, require a loyal right hand to keep order in governmental affairs. Governors today trust much of this activity to their secretaries of state.

In the American system of statehood, day to day economics lies within the domain of the states. In the American system of economics, corporations dominate the activity. In

## — Keeping Pace — NCC Development Milestones For The Period 1982 - 1983 - 1984 - 1985



**Matthew A. Reilly**  
Director of Development

### April, 1982

NCC broke ground for the 327 unit Manor housing development. The New Jersey Housing and Mortgage Finance Agency (NJHMFA) provided a 23 million dollar mortgage loan for the project. Newly-elected Governor Thomas H. Kean was the keynote speaker at the ceremony.

Prior to the ceremony, the main dining and recreation room at Babyland III was dedicated to Governor Kean for his long-standing support of the parents, children and staff of Babyland Nursery.

### July, 1983

NCC began the rehabilitation of the former St. Joseph Church structure. NJHMFA, as trustee for several NCC housing developments, provided a 1 million dollar mortgage loan. The City of Newark provided a half-million dollar Urban Development Action Grant (UDAG) loan.

### September, 1983

The New Jersey Department of Community Affairs (NJDCA) agreed to provide a \$275,000 seed loan to NCC for the development of the proposed NCC/Pathmark neighborhood shopping center.

### October, 1983

NCC celebrated its 15th anniversary with a gala ball at the Quality Inn in Newark. 1000 people attended the formal affair and heard Governor Thomas H. Kean deliver the keynote address.

### April, 1984

NCC began construction of a 180 bed Extended Health Care Facility. The New Jersey Health Care Facilities Financing Authority provided a 7.2 million dollar mortgage loan for the project. State officials were also most supportive of NCC's successful application for a 1.6 million dollar UDAG second mortgage loan from HUD and the City of Newark.

### October, 1984

NJHMFA authorized a supplemental \$350,000 seed loan to NCC for the development of the proposed NCC/Pathmark neighborhood shopping center.

### December, 1984

The New Jersey Economic Development Authority gave preliminary approval to NCC's request to bond financing for the neighborhood shopping center.

### January, 1985

NJDCA, in keeping with the state's desire to promote affordable housing construction in urban areas, agreed to provide a \$154,000 seed loan to NCC for New Community Estates, a 56 unit condominium townhouse development to be built at the intersection of 14th Avenue and Camden Street in the Central Ward.

### April, 1985

Governor Thomas H. Kean delivered the keynote address to a standing-room-only gathering at the grand opening and dedication of St. Joseph Plaza.

## The Role Of The Department Of State

nearly every state, required corporate registration and reporting is in the hands of that worthy keeper of the records — the secretary of state.

A second responsibility common to many secretaries of state is that of ceremony. Every sovereign displays symbols of authority, a scepter perhaps, and for formal written documents a "seal" which embosses wax over the ruler's signature and attests to the legality of the document. States in this nation mark their sovereignty with a seal — the Great Seal of the State of New Jersey is one — and all the laws of the state, the resolutions of the legislature, the appointments and the proclamations of the governor are legally filed with the secretary of state, recorded, and marked with the seal. In New Jersey the ceremonial duties of the Secretary of State are second only to those of the

Governor.

Save for corporate recording, the duties of secretaries of state differ from state to state as needs vary, as the people choose, and as a governor expresses the work he wishes his good right had to do.

In New Jersey responsibilities of the Department of State fall within four principal classifications: information recording and dissemination, ceremony, elections administration, and a rainbow of cultural affairs conducted by agencies recently removed to the Department.

The New Jersey Office of Administrative Law is located organizationally within the Department of State but operates autonomously.

From: The N.J. Department of State, Published by the Office of the Secretary of State, Trenton, N.J.

# Spotlight On Women In Government



Continued from page 1

govern themselves and the fostering of orderly election processes to fulfill that right. Together these activities contribute vitally to the economic, cultural and governmental well-being of New Jersey."

When Mrs. Burgio took office, the Department of State consisted of about 92 employees. Today it has approximately 325 people handling the work it does.

Originally the department consisted of administration, the Commercial Recording Division and The Division of Elections, however the Secretary had a particular interest in the Arts Council and cultural activity as it relates to the quality of life in New Jersey. Prior to this time these activities were handled by a number of different departments, and she realized the need for greater coordination. The Department of State's mission was broadened by a series of legislation to achieve this coordination and as a result five cultural agencies were transferred to The Department of State from other departments. These included the Ethnic Advisory Council, the New Jersey State Council on the Arts, the New Jersey State Museum, the New Jersey State Historical Commission and the Division of Archives and Records Management. They retain their own administrative structures while the traditions of New Jersey and its place in history remain a common bond. Together, through their programs, wherever and whenever they can, they spread the word that New Jersey is a special place.

The Secretary of State is frequently called upon to perform many ceremonial functions since she has custody of the Great Seal of The State of New Jersey and must use the antique embossing press located in her office every day to legally seal documents. Her public relations duties are second only to the Governor.

Secretary Burgio feels women have much freedom in career choices today and sees it reflected especially in teenage girls she meets who discuss aspirations in the fields of engineering and medicine, for instance. She feels there is a middle group (slightly older perhaps) which does not know they have this freedom.

She was recently affected personally by a new trend whereby husbands make a job change when wives have the opportunity to improve their careers. One of her aides told her his wife had a marvelous job opportunity and since hers was a highly specialized field and his was computers, usable anywhere, she accepted and they made the move.

On the other hand "we still have a long way to go as far as women being

accepted into all kinds of careers, particularly government," she said thoughtfully, "but it starts off with the necessity of having equal opportunity for men, women and minorities.

The secretary likes the idea of people developing their own interests — their own abilities. Many men she felt, however, were quite willing to have their wives work to earn more money for the family perhaps but still were reluctant to encourage a serious career.

She then went on to explain that Governor Kean has instigated a new program whereby all executives and junior executives are learning affirmative action programs and just what to do about them to be sure women and minorities are included.

New Jersey also has a Commission



Jane Burgio  
N.J. Secretary of State

on Comparable Worth studying the problems surrounding this issue. "We finally get equal pay for equal work, then we find that some of the positions which require a lot of responsibility, a lot of training are paid less than jobs traditionally held by men with much less responsibility, and much less training." She went on to explain that they are paid a lot more because 50 years ago, or whenever the positions were established, the man was the head of the family. "Naturally he was supposed to be making more than the women, but so many women are supporting families now that things are different," she explained. "If a job is worth a certain amount of money it should be paid a certain amount."

It is a complex issue. The secretary chose to use an example in medicine to describe pay inequity, pointing out the long educational and specialized background necessary today in the field of nursing, along with heavy responsibilities. Acknowledging the greater length and depth of such requirements for doctors, she noted however that some felt the spread between incomes of both was much greater than the difference in qualifications and responsibilities warranted.

As far as a career choice in govern-

ment in the Kean administration Secretary Burgio praised the Governor for his encouragement and acceptance of women. She pointed out the presence of two other women cabinet members — Hazel F. Gluck, Commissioner of Insurance and Mary L. Parell, Commissioner of Banking, and a cabinet level position filled by Barbara A. Curran, President of the Board of Public Utilities. There are also many assistant and deputy commissioners.

The secretary remembered that at one time she could recite them all, but there are now too many.

Mrs. Burgio in commenting on the Governor's support also mentioned the Commission On Women established when she was in the Assembly ten years ago, and the marvelous job it was doing under Director Joan Wright. (See September Clarion.) "She's tops," the Secretary said enthusiastically. "She has done more with that Division in the last three years than was done the whole time before, because she has gone out to the field. Joan has gone all over the state — she gets around."

Women have many choices today the Secretary felt, especially since New Jersey is an area with much available within a short commute and educational opportunities can be used to change direction perhaps at a way station of life — after a child goes off to school, or when children are grown. If career interests change, your life can adapt to these new interests. Nothing is set in stone in today's society and opportunities are limited only by a person's creativity and perseverance.

An interesting point made by Mrs. Burgio was that top government positions lack women to fill them because women are "behind schedule" compared to men as far as climbing the political ladder. Women often get involved in their late 40's — after their families are raised — while men go into politics at age 20 or 30. By the time their female counterparts begin to gather political experience the men have already been in the public eye for many years and have an established block of supporters.

Secretary Burgio had some suggestions for women:

**1—Get involved in government on all levels** - not just in an elected office. You can influence others in elected office by participation as an individual or in organizations no matter what your interests are.

**2—Get involved in any area** - some women get interested in schools and local office; others get interested in environmental groups or become interested in one party or another.

**3—As soon as you feel you're interested get involved** - a lot of women — older women and younger — don't have enough confidence in their own ability. Men are much more adventurous when it comes to taking on a responsibility that they haven't done

before. Men don't worry ; they go in.

**4—Don't be afraid to Fail** - a lot of women are afraid to fail. It doesn't hurt. If you try something and you're not good at it, it's no disgrace to fail; just go ahead and try something else. (Mrs. Burgio felt there is more attention paid to a woman and therefore failure might make a move harder might stymie initiative — but "try it," she urged.)

The secretary follows her own advice. With the technological changes in business causing a similar updating in State Department procedures, Mrs. Burgio managed recently to squeeze in a computer course at Trenton State College one semester, despite her busy schedule. She admits she is not good at math and she is not a computer whiz, but she now has a working knowledge of the computer field and learned "not to be afraid of computers."

Touching on another problem unique to women Mrs. Burgio said women in elected office especially need the support of other women, and she encouraged women strongly to come forward with this support. "Help financially," she urged. "Raise money for women candidates." Women she feels are starting to help other women a lot more now, and it's important. Sometimes men forget there are women available and capable to handle a particular job and even suggesting a woman is helpful. To potential women candidates she advised — "Be more flexible. If the opportunity comes up — take it."

"I could have said 'I'd rather not run right now'" she said, referring to her own position. But then she wouldn't be where she is today. "Whether in business, government or politics — take advantage of timing."

Secretary Burgio admits to being awed by the way women today handle their jobs and care for their children and family matters with such competence. Her own sons John and James are grown and husband John is retired, but Mrs. Burgio remembers well the wrestling matches and other sports and school events that kept them all very busy and wonders how women today manage.

She has high praise for those who do use their talents so well, and talked about some of their busy and fruitful lives. One young woman she mentioned was a dietitian, but helping boat people got her interested in law and she eventually became deputy attorney general. Another mother of three is now Commissioner of Banking.

Secretary Burgio admires them all and is pleased to see them taking on these responsibilities but she wishes there were more.

Perhaps with the encouragement and example of people like Governor Kean and Secretary of State Burgio more women will continue to come forward and their presence will add a new dimension to government.

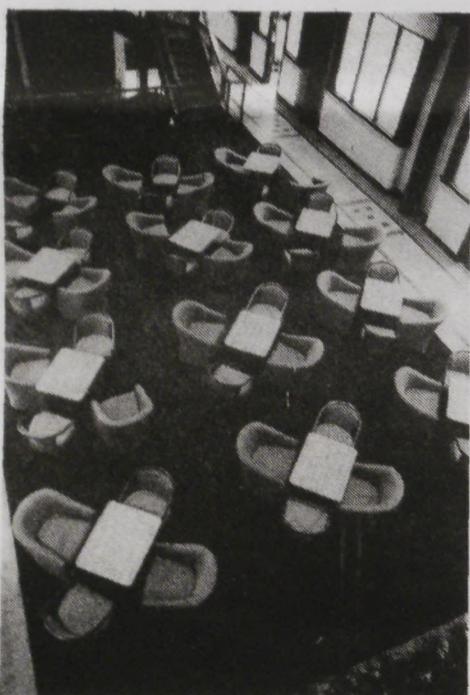
## Have A Seat?



A SEA OF BOXES signals the taking of one more step towards the completion of St. Joseph's Plaza.



**CHAIRS ON PARADE,**  
Chairs await final replacement in the Atrium, Priory Restaurant, and Executive Conference Room.



AT LAST — the final arrangement, all set for company.

## Teaming Up To Minister At New Community

As women in religious life today we are able to play a much more direct role in the life of a community, and an organization like New Community, whose prime concern is people, is made to order for the involvement of women who have chosen this vocation as their life.

In New Community representatives from four major religious communities are now serving in responsible positions in many diverse areas. We are involved in a fantastic dream, that daily unfolds into a beautiful reality. We have become a part of a new physical and social community in the heart of the Central Ward of Newark.

The strength and cornerstone of New Community is in the support services it provides to its people. It was determined long ago that housing is not enough. Our residents deserve and receive the very best in support services. We sisters contribute to those services through our work with our parish of St. Rose of Lima, Babyland Nursery/Essex County Battered Women's Shelter, New Community Corporation Social Services and the New Community Corporation Extended Care Facility.

Our work also provides a first hand opportunity to learn the struggles of the disadvantaged and allows us through this knowledge to be a voice for the voiceless in the structures and systems of today.

Sisters are still a vital, active and necessary part of today's world. We want very much to be as productive as we can be, working together as a strong team here at New Community.



Putting their best faces forward are: (rear, left to right) Sr. Clare Elton, S.S.J., Sr. Anastasia Hearne, S.S.J., Sr. Mary Joan Fries, S.S.J., Sr. Pat Finnerty, S.S.J., Sr. Veronica Kaiser, S.S.J., (front, left to right) Sr. Patricia Lynch, C.S.J.P., Sr. Mary Pauline Hogan, S.C., Sr. Marie Infanta Gonzales, O.S.P., Sr. Hortensia Fernandez, O.S.P., Sr. Clare Terrance, O.S.P.

The following is a list of sisters and their service areas:

### Babyland Nursery/Essex County Battered Women's Shelter

Sister Marie Infanta Gonzales, O.S.P. - Director of Babyland III  
Sister Patricia Finnerty, S.S.J. - Nutritionist  
Sister Clare Elton, S.S.J. - Program Coordinator of Battered Women's Shelter  
**St. Rose of Lima Parish**  
Sister Claire Terrance, O.S.P. - Director of Religious Education  
Sister Mary Joan Fries, S.S.J. -

Pastoral Minister to Hispanics

### NCC Social Services

Sister Hortensia, O.S.P. - Social Worker  
Sister Veronica Kaiser, S.S.J. - Social Worker  
Sister Anastasia, S.S.J. - Associate Director

### NCC Extended Care Facility

Sister Mary Pauline Hogan, S.C. - Administrative Services  
Sister Patricia Lynch, C.S.J. - Coordinator of Adult Medical Day Care Center

## St. Rose Of Lima School Teacher's Workshop

On Saturday morning, September 14, 1985, the St. Rose of Lima Faculty and the CCD Religion teachers met with Sister Clare Terrance, Reverend Edward Swierzbinski, Chaplain at UMDNJ and Sister Mary Joan Fries, of the Spanish Apostolate at St. Rose of Lima.

The day was delightful and all who attended the workshop met each other in a different setting from their ordinary school work at the beautiful St. Joseph Plaza.

The purpose of the workshop was to begin to form a unique, deeper Christian Community. We introduced ourselves, sang to get us relaxed and comfortable with each other, and read Scripture. Each person shared some of their "inner" selves and religious convictions.

Sister Clare Terrance prepared a list of questions to help stimulate discussion. The questions focused on the theme of the day which was "love" and how it could strengthen a Community. The questions were answered by each individual privately and then discussed in a small informal group. Through this discussion, we realized many of us shared the same fears and that in today's society, we find it hard to open ourselves to others and therefore,

build barriers to protect ourselves.

Saturday's session was very enlightening and many of the barriers were broken for the moment. We discovered that within the group, there were persons of varied backgrounds with one common need, to love and to share that love with others.

The participants left the first workshop, one of several planned for that year, with positive attitudes. These are some remarks heard at the end of the day:

"I am grateful for the day. I sensed that there was a fear of asking people to share a prayer, at the same time there were strong indications that we as a group could have easily moved into a prayer sharing."

"I enjoyed today's workshop, it was a learning experience for me. I became more aware of myself and "Met" for the first time persons, I had already known. Let's do it again."

"I enjoyed hearing everyone's comments on the questions. We were given the opportunity to speak on things that we all think about, but seldom share."

At the end of the workshop, the participants shared a delicious meal prepared by the St. Joseph "Sandwich Shop Deli" staff.

Emily Ross



**ST. JOSEPH PLAZA**

THE SANDWICH SHOP  
233 W. Market Street  
Newark, N.J.

**TAKE OUT  
BREAKFAST  
SPECIAL**

**7 A.M. — 9 A.M.**

Ham and Egg on Roll .....	\$2.95
Sausage , Egg on Roll .....	\$2.95
Ham, Egg and Cheese on Croissant .....	\$3.25
Bacon and Egg on Croissant .....	\$3.25
Sausage and Egg on Croissant .....	\$3.25

# NC Manor Residents Have A Ball!



The high point of the Essex County Senior Citizens Cultural Fair was provided by Hope Guajarao with her inspiring belly dancing.

## Labor Day Feast

It was Saturday night and the food was smelling quite right. Mrs. Ann Latham was baking, Mrs. Rachel Robinson was chopping and Mrs. Pauline "Blondie" Hunter was mixing. Believe me it was making me hungry. I tell you every person outside in a two-block radius was licking his lips. None would get to taste anything until Monday, however, because these ladies were whipping up one sumptuous, elaborate, mouthwatering Labor Day Luncheon.

Mrs. Latham had the idea Friday that she wanted to have a feast for the building — a "Community" picnic. When she told Mrs. Clark they began planning, got on the phone and called the tenants together for a meeting to get things going. They raised a good amount that night and went out shopping on Saturday, decorated on Sunday and ate on Monday. Never before has the response been so enthusiastic and quick.

A lot of work went into making this a memorable affair. The community room was bedecked with streamers, white table cloths and centerpieces — even a banner reading "Farewell Summer." Music was furnished by Manor's own superintendent "D.J." Kim Wilcher, who kept the place hopping with the best of the old and new.

The kitchen and food serving was smoothly run under the direction of Mrs. Latham. A thanks goes to the other hostesses: Mrs. Essie Gilbert, Blondie Hunter, Minnie Bryant, Ellen King, Belinda Wilcher (the superintendent's wife), and Joyce Holmes. It took all these hands to serve up the bountiful feast of: ham, turkey, dressing, gravy, Bar-B-Q fried chicken, tuna salad, deviled eggs, fruit cups, tossed salad, collard greens, fresh string beans, corn-on-the-cob, corn bread, macaroni and cheese and a table full of cakes and pies, punch and coffee.

Whew! That just might make anyone's mouth start to water! Grace was said by Rev. Ben Jones.

A good time was had by all!!!

## A Day At The Arena

One might have thought Santa's Elves had dropped by for a visit or relocated their workshop to NC Manor Senior, because many hours were being spent in the craft and ceramics room preparing items for sale at the fair, made with creativity and pride.

Every year the Essex County Park Commission hosts the Senior Citizens Cultural Fair at the South Mountain Arena, in South Orange, New Jersey. This year's event was held on Thursday September 12th. And it was a grand day. The weather was delightful and there were many participants.

This is an affair to bring seniors from the Essex County area together to share interests, ideas, and to buy and sell their crafts. There were several community agencies on the site to provide hearing screening, blood pressure checks, and other health related services. There was also a job fair going on under the big tent, designed to help elderly persons looking for gainful employment. There was just so much to do and see — clowns, dancers, and exercise-a-thons.

When our group returned to the bus, all were exhausted and bags of



Proudly displaying their home-made crafts, (left to right) Ethel Clark, Beulah Butler, Bertha Darden, Zephyr Johnson, and Social Service Worker Joyce Holmes.

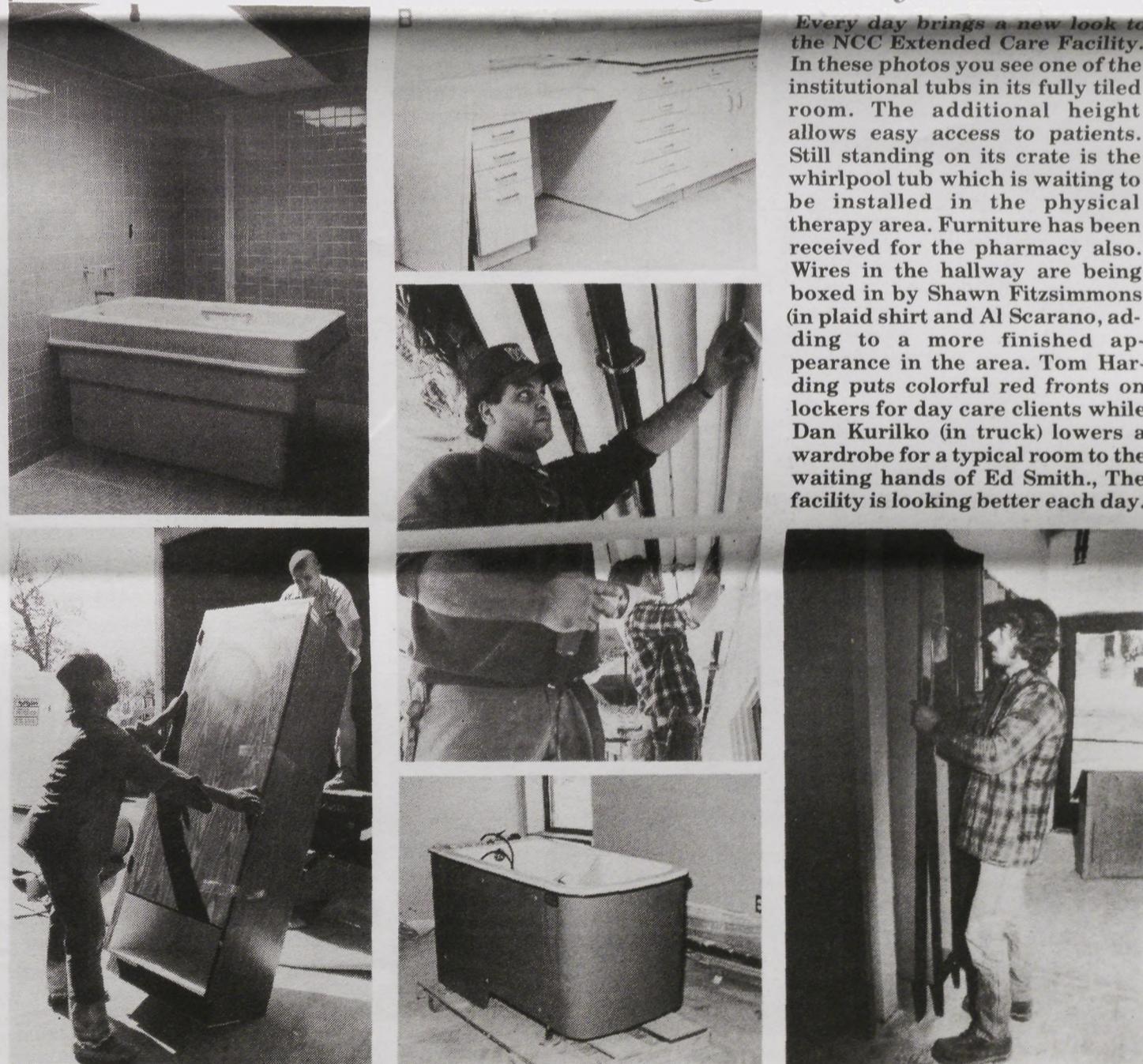
"good finds" were held by each one. I came back with half a forest! A tree for \$2.00 — who could resist?

If you missed it this year, make it your business to attend the next Annual Seniors Cultural Fair. You will surely enjoy it.

Thank you Essex County Department of Parks and Recreation for all the work put forth by your staff to give our seniors a pleasant outing.

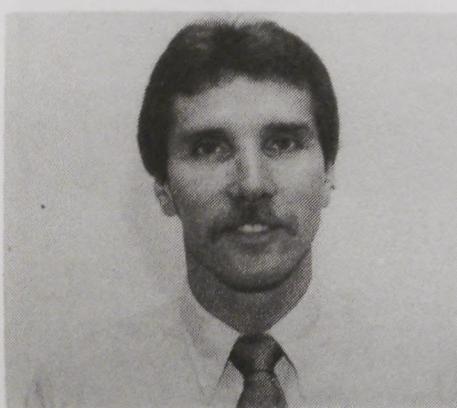
Joyce Holmes  
Social Services

## A New Look Emerges Daily



*Every day brings a new look to the NCC Extended Care Facility. In these photos you see one of the institutional tubs in its fully tiled room. The additional height allows easy access to patients. Still standing on its crate is the whirlpool tub which is waiting to be installed in the physical therapy area. Furniture has been received for the pharmacy also. Wires in the hallway are being boxed in by Shawn Fitzsimmons (in plaid shirt) and Al Scarano, adding to a more finished appearance in the area. Tom Harding puts colorful red fronts on lockers for day care clients while Dan Kurliko (in truck) lowers a wardrobe for a typical room to the waiting hands of Ed Smith. The facility is looking better each day.*

# *It's Never Too Late!*



by Kerry Gillespie,  
Exercise Physiologist

People tend to exercise less as they get older, when actually the body's need for exercise is the same. The intensity, of course, is much less, but necessary just the same. Circulation seems to be the key to feeling good. When you maintain the proper circulation with the proper activity, you feel wide awake, alert and very much alive. "Keep moving and don't fight yourself," is the advice that Larry Lewis gives to people interested in staying fit and living a long and healthy life. He should know, he's 106 years young and still jogging every day.

The process of aging, if left to its own degenerative nature, will begin to undermine the body beginning in the 30's. Outwardly, you begin to notice you walk slower and with more effort, you become short of breath walking up steps and you notice increased muscle soreness, joint stiffness and decreased flexibility. These are the outward signs, but what actually is taking place inside? With lack of use the muscles will start to atrophy along with the tendons and ligaments that support the joints. The heart, by the fact that it is also a muscle, will become weaker and less efficient. The combination of a less efficient heart and muscles with reduced ability to utilize oxygen, will cause you to feel fatigue with much less effort.

The good news is that this process can be greatly improved with proper exercise. It is important to point out that there are no studies to indicate that exercise will help you live longer. However, we like to think that even if we can't put more years in your life, we can put more life in

at ST. JOSEPH PLAZA  
233 WEST MARKET ST.  
NEWARK, NEW JERSEY  
(201) 624-7373

your years!

The aging process is something we can not stop, but we can slow it down. With exercise you can help to maintain your weight at a normal level, since it helps you increase the amount of calories you burn. Along with proper diet, exercise can help normalize blood fats (cholesterol and triglycerides). By exercising regularly you can maintain muscle tone which can help reduce stiffness and increase flexibility. Heart and lung function will increase, allowing you to perform more work with less effort. As the body begins to perform more efficiently you will begin to get a feeling of well being, which no pill in the world can duplicate.

In our senior program at the New Beginning Spa and Wellness Center, we have men and women ranging in age from 60 to 70 years young. The basic routine that all seniors follow consists of 5 minutes on an exercise bike to warmup, 5 minutes on a treadmill (using both speed and elevation), 5 minutes on a rowing machine and 5 minutes on a treadmill or bike to cool down. In addition to this basic routine, some of the more advanced seniors have included in their workout several stations in our weight circuit (weight lifting machines). The overall program can run anywhere from 25 to 35 minutes of continuous exercise, all geared to each individual's needs and limitations.

Clearly, the body will not react as it did when you were twenty, but with the proper exercise, a well balanced diet and the proper rest, the body can do amazing things, and whether you believe it or not the body loves to be in good shape. You look great and you feel great! As Bonnie Prudden puts it, "You can't turn back the clock, but you can wind it up again!"



Kerry Gillespie makes a point at his latest Stress Management Seminar.

## FOOT FACTS:

### FOOT HEALTH DO'S & DONT'S

Office Hours at St. Joseph's Plaza  
9 - 12 Mon.  
9 - 11 every 1st & 3rd SAT.

ALWAYS CONSULT YOUR PODIATRIST FOR ADVICE ON PROFESSIONAL FOOT CARE

DO inspect your feet daily. Ask for assistance if you cannot see them well.

DO obtain professional care for blisters, swelling, cuts, itching, pain, redness, cracks or changes in skin color.

DO practice good foot hygiene. Wash feet daily in lukewarm water with mild soap and dry feet gently, taking special care between the toes.

DO wear soft leather shoes with wide toes. Rubber heels with leather or rubber soles are best.

DO exercise regularly and moderately. Walking is the best exercise for the feet. Use a cane and walk slowly if you have balance problems.

DO apply a creme or lotion if the feet

Dr. Kenneth Frank  
Podiatrist



are dry and scaly. Use powder if the feet are moist.

DO trim your toenails carefully straight across and not too short.

DO keep your feet warm, even when in bed.

DON'T use medicated corn plasters or commercial corn cures or medicine prescribed for other parts of the body.

DON'T overexpose your feet to the sun. The skin of your feet is tender and can sunburn easily.

DON'T cut toenails close to the flesh or down into the corners.

DON'T wear circular garters, hose with elastic bands or ill-fitting worn out shoes or hose.

DON'T walk barefoot, especially on hot sand or concrete.

DON'T use tobacco or sit with your knees crossed — both actions reduce circulation.

## A CHANGE OF PACE

ST. JOSEPH PLAZA  
THE SANDWICH SHOP  
233 W. Market Street  
Newark, N.J.

Relax in the quaint atmosphere of the Atrium in St. Joseph's Plaza. Enjoy a delicious buffet including chilled wine, beer and many of your other favorite drinks.

For your listening pleasure piano selections by Curtis Watkins accompanied by Emily Ross, vocalist.

## FRIDAY NIGHT SPECIAL from 4 P.M. until closing

Shrimp Jambalaya • Saute Chicken Liver and Giblets w/Onion  
Barbecued Chicken Wings • Swedish Meatballs  
White Rice • Macaroni and Crabmeat Salad • Cheese Straws

Three types of cheese dips and an assortment of potato chips, crackers and frito chips, salted peanuts.

Cash Bar

## Stress Management Seminar

A Stress Management Seminar was presented at Babyland III on September 11th, attended by parents and staff of Babyland. Kerry Gillespie, the exercise physiologist at The New Beginnings Spa and Wellness Center, presented the seminar in two parts. The first part of the session focused on the physiology of stress and how exercise relates to reducing stress. The second part of the program was a class participation activity under the direction of Mr. Gillespie, wherein members took part in a progressive muscular relaxation session.

The seminar closed with a question and answer period, with the participants sharing experiences and coping techniques that they found successful in dealing with stress. Seminars on other health related topics will be presented in the future.

## ATTENTION

U.M.D.N.J.  
IS PRESENTLY OFFERING  
FREE  
HEALTH CARE TRAINING  
AND  
JOB PLACEMENT FOR  
NEWARK RESIDENTS  
18 - 21 YEARS  
WITHOUT A HIGH SCHOOL  
DIPLOMA OR GED

FOR MORE INFORMATION CALL  
DIANE YOUNG  
456-6803  
SHELLEY CHERRY  
456-6802

YOUTH HEALTH SKILLS  
TRAINING CYCLE DATES (85-86)  
Cycle 1 09-30-85 11-29-85  
Cycle 2 12-09-85 02-02-86  
Cycle 3 02-17-86 04-18-86  
Cycle 4 04-28-86 06-27-86

## Adult Medical Day Care Program Coming

If you see a lovely, tall white haired lady zipping briskly around New Community these days with a questioning look in her eyes and a soft brogue on her lips, it may well be Sister Patricia Lynch, CSJ.

She is getting to know the New Community Network before taking on the job of Coordinator of the Adult Medical Day Care Center at the new Extended Care Facility.

Sister is not a stranger to Newark having spent seven years as administrator of St. James Hospital here from 1957-1964 before assuming the same post at Holy Home Hospital in Teaneck, New Jersey. She was then elected to two terms as provincial of the St. Joseph Province of the sisters of St. Joseph of Peace and in 1979 became President of the Order.



**Sister Patricia Lynch C.S.J.P.**

Sister received her R.N. from Holy Name Hospital and studied also at Seton Hall University, gaining her B.S.N. at Catholic University of America in Washington D.C. In a progressive course at St. Louis University, St. Louis, Mo. sister earned her M.H.A. She was also privileged in 1976 to attend the Sloan School of Management Fellows Program at Massachusetts Institute of Technology. This Sister found extremely valuable because of the highly motivated and varied business executives with whom it was shared.

The Sisters of St. Joseph have a special ministry in the health care field and in 1977 Sister Patricia became the Corporate Coordinator of Health Care and Social Service Apostolates in the St. Joseph Province.

Her Community Service also includes the Fair Housing Council of Bergen County and the New Jersey Chapter — National Association of Housing and Redevelopment Officials.

This summer sister had the opportunity of participating in a 10 week Home Health Program given by the Nursing Sisters of Sick Poor in Brooklyn which took her into the homes of such wonderful people that she found it difficult to leave at program's end. Sister enjoys being able to help those in need.

She is looking forward to her work with those needing Medical Day Care services here in Newark.

## Behind The Shelter Door

### The Summer Of 1985

Babyland's Essex County Family Violence Program was full to capacity this summer. Our bedrooms were bulging until the seams were about to break. We housed 55 women and 86 children. One woman alone had 9 children. She received an emergency check from Welfare when she was finally able to secure an apartment. The check, however, was not quite large enough to meet her needs so we supplied her with towels and sheets for all her bunk beds.

Annette, who was physically and psychologically abused by her husband and rejected by her parents, was able to get herself a job with the help of the New Community Employment Center. She needed to work 2 weeks before she received her first paycheck, however. We were able, at the time, to help her with household items and linens.

When many situations such as these occur, our supplies are quickly depleted. We are very glad to be able to be of assistance to these women—victims of domestic violence and their children. They need your help in order to continue this service.

If anyone can spare some of the items listed below we would be most grateful.

#### We could use your help.

These are some of the items we are most in need of:

- sheets            •pillows
- bath towels     •blankets
- dish towels     •curtains
- wash cloths     •bedspreads

Please call us at 484-4446 if you can be of assistance. In the name of these women and children, we thank you.

## Family Violence Program Staff Receives Training

Friday, the 13th of September, was a lucky day for Shelter staff. Dr. Leventhal, Dr. Taylor and psychiatric nurse M. Perisco gave an excellent presentation on the issue of stress management and communication. The doctors are part of the crisis unit of University Hospital and well acquainted with the issues presented by the staff of the Babyland-run Essex County Family Violence Shelter.

The use of role playing emphasized and clarified the importance of passing on vital information about clients between shifts of the 24 hour program. Communication needs to flow freely throughout the day and night to insure continuation of services to the battered women and their children.

Crisis situations are inherent in a program such as this and a great deal of mutual respect and support is needed for each staff person to work with others. In recognizing that all services such as ours experience crises our stress reactions were seen not to be totally unique. At the end of the 2 hours a strong feeling of unity developed.

Since our agencies work closely together it is likely that sessions such as these will be continued in the future.

Sister Clare Elton  
and Shelter Staff

## Quiet Worker Shines

Did you ever take notice of the quiet worker in your midst? One who goes about diligently, always there, always on the job regardless of the weather?

Mr. Harris is one of our maintenance men working on Bruce Street and Morris Avenue. He takes great pride in what he does as he goes about each morning checking for anything that might be out of place, from picking up trash to making sure the grounds around his area are well

## Health Center Holds Fair

The New Community Health Care Center, a satellite of the United Hospitals Medical Center was selected by the Prudential Foundation this year to host a health fair.

The fair was held on the grounds of the Bethany Baptist Church through the generosity of Rev. Dr. James A. Scott, Associate Minister Bernadette Glover, Deacon McCoy and the Bethany Baptist Maintenance Crew.

For that evening the Bethany grounds were transformed into an outdoor clinic hoping to make as many people as possible aware of their health needs. Many curious onlookers took a few minutes to register with the health fair and take a number of tests set up by volunteers from various organizations.

Many services were available, such as anemia testing, height and weight testing, sickle cell screening and blood pressure testing. There was an exhibit on the prevention of alcoholism and child abuse, and a discussion on scoliosis, with literature available. Literature for the New Beginnings Health Spa explaining its health maintenance benefits was also distributed.

Each participant was then counseled based on their test results and advised on how to maintain good health.

The health fair proved to be another successful way of helping people to become more aware of their health needs and showing them how prevention is better than cure.

manicured and cared for. Mr. Harris is a loyal, dedicated worker of New Community Corporation and we are very happy that he is with us.

Keep up the great work! We are proud of you.



**Haywood Harris**



**Jerome Lasure supervises the weighing of his wife, Willie Mae, under the guidance of Medical Assistant Beverly Bradley.**

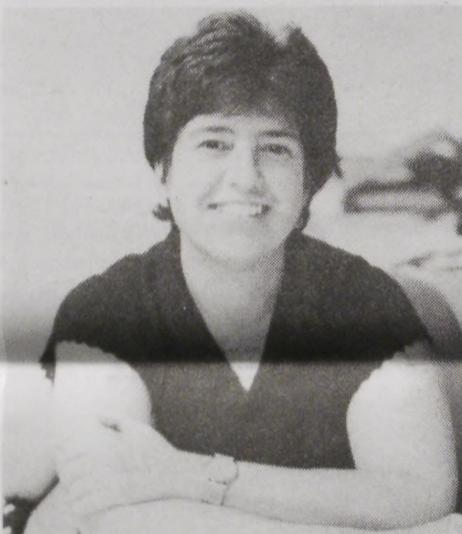


**Sarah White, a New Community Gardens Senior President, gets good news about her blood pressure from Mary Smitherman, a nurse's aid.**

## Shutterbug Joins Clarion Staff

If one picture is worth 1,000 words, Eva Obermeyer, the Clarion's new photographer, is planning to save everyone a lot of reading time with her clear, expressive photographs. Mrs. Obermeyer comes to NCC from a background of over 25 years as a self-employed free-lancer.

She was first bitten by the photo bug at age 6 when a family friend gave her an old Brownie box camera. This escalated into a small portrait service in her teens, finally blossoming into a full-fledged business a few years later. Intermittently Eva contributed to local newspapers and magazines, simultaneously running a lively business doing home portraiture and candid albums of children, weddings, animal portraits, public relations and product photos as well as commercial work for schools and companies needing industrial photography. She also teaches photography on several levels: in schools, to groups and individually.



Eva Obermeyer

Self-trained from childhood through a program of heavy reading and keeping up with the monthly magazines, Eva occasionally hired herself out to other photography studios and darkrooms by way of rounding out her photographic education. A winner in numerous photo competitions, she greatly enjoys participating in group and outdoor art exhibits.

Somewhere along the way she took time out to marry and have 2 children: Vickie, a very talented singer and musician headquartered in New York City, and Peter, employed by the Eyelab chain and an aspiring comedian in his spare time.

Eva is delighted with her new position as NCC's staff photographer, seeing it as a challenge to her creativity and organizational skills, and enjoying the opportunity of making new friends while providing an efficient service.

## SUBURBAN BATTERED WOMEN HOTLINE

Located at Caldwell College

Sponsored by Babyland Nursery, Inc.

Program to End Abuse in the County of Essex

**FOR HELP CALL 226-6166**

Counseling and Referrals Available

## NC Gardens Has Anniversary Party

### Happy Anniversary to us.

We are now 4 years old and getting better! We want to take this opportunity to say "thank you" to New Community for making it all possible. We love our apartments. We have been blessed with good security, good maintenance and new and old friends.

We had a fabulous party on September 20th and celebrated into the wee hours, enjoying the food, music and congeniality.

Certificates of appreciation were given to the following for their outstanding service to the residents of Gardens: Mr. Freddie Seals, Mrs. Mary Bell, Mr. Jerome LaSure, Mr. Jessie Dixon, Mr. John McDaniels, Mr. John Hooks, Ms. Edna Gillians, Ms. Geraldine Williams, Mrs. Ruth Watson, Mrs. Edna Hill, Mrs. Mary Shipman, Mrs. Rosetta Wall, Ms. Peggy Owens, Mrs. Lucy Coats, Mr. Edgar Denson Mr. Samuel Farrar and Ms. Evelyn Mack.

## Security Corner

The United States Youth Games 1985 was hosted this year by the City of Newark.

On August 6th, a torch carrier started his run from Branch Brook Park to Military Park at which time New Community Security Color Guards Commanded by Sgt. John Jackson picked up the procession and led it down Broad Street to the steps of City Hall where the opening of the Youth Games began.

Congratulations to New Community Security Director James DuBose. On August 18th, he was sworn in as one of twelve Commissioners of the clean city committee. The swearing in ceremony was conducted by Newark City Council President Ralph Grant.

On Monday August 26, 1985 the New Community Security Color Guards were asked to lead a March Against Apartheid Parade, by City Council President Ralph Grant, sponsor of the march.

The march began at Military Park and proceeded along Broad Street to the Federal Building on Broad and Walnut Streets.

The New Community Security Color Guards have been doing a fine job since they were organized by Security Director James DuBose. They also marched in the Annual Afro-American Parade in Harlem, New York on September 8, 1985.

They were invited to a reception at the 369th National Guard Armory. s/o Wali A. Muhammad



Happiness is a 4th anniversary celebration under baubles and balloons at NC Gardens.



Reaffirming their cameraderie, 265 Men's Club Members shake hands across the table. (left to right) Willy Williams, Joseph Thomas, Edgar Denson, Eddie Rodriguez, Vice President, John Hooks, President, Richard Hamer.

## The SANDWICH Shop



At St. Joseph Plaza  
233 W. Market Street  
Newark, New Jersey

### SUMPTUOUS SUNDAY BRUNCH 9 A.M. - 2 P.M.

Scrambled Eggs • Corned Beef Hash • Crabmeat Au Gratin  
Baked Ham w/Apple Sauce Glaze  
Beef and/or Pork Sausage • Bacon  
Southern Fried Chicken • Shrimp Creole • Pasta  
Hash Browns • Rice, Grits • French Toast • Toast  
Corn Muffins • Buttermilk Biscuits • Rolls  
Apricot Nut Bread • Carrot Bread • Fresh Fruit Bar  
Pink Champagne Punch • Coffee, Tea, Iced Tea, Milk  
Old Fashioned Lemonade • Orange Juice • Grapefruit Juice

### All You Can Eat!

Adults — \$5.95 • Children 12 & under — \$3.00

COUPON

COUPON

\$1.00 OFF  
Adult Menu

COUPON

COUPON

## The Good, The Bad And The Non-Committal

Battles have changed the history of man. A battle is an encounter between organized forces engaged in a determined effort to defeat each by the application of power. The forces engaged may act singly or in combination.

Although many well known battles have involved the military, lesser known battles have occurred within the individual — no drums beating, no bugles blaring, no banners flying. The Christ in man confronts the Satan in man, and conscience is the referee. Both sides take a stand for what they believe in, live for, and represent to the total man. Each marries his forces; love on one side and destruction on the other. Throughout the history of mankind, the sword and the cross have long opposed each other — the struggle exists today. Each man must choose on which side he wishes to contend.

"...choose you this day whom ye will serve..." Joshua 24:15

In some battles, the combatants adorn themselves with identifying uniforms symbolic of their creed. Satan has many uniforms — Christ but one. You can tell a tree by the fruit it bears, and you can identify an individual by his thought manifested deeds. People can recognize other people who are their moral kind and it doesn't take long for one to realize whether or not one is in the kind of company one belongs. A shepherd knows his sheep.

"...I know My sheep, and am known by My own." John 11:14

There are times when it seems that evil is materialistically profitable. The 'bad' do wrong things, acquire wealth, power, and fame. The 'bad', sometimes with their ill-gotten gains, reside in palatial residences, ride in luxurious cars, wear expensive clothes, have large amounts of money, display fine jewelry, own vast real estate property, and vacation freely at will.

But, "what advantage is it to a man if he gains the whole world and is himself destroyed or lost?" Luke 9:25

It is not uncommon for the 'good' and the innocent to be deprived and to suffer. However, suffering is part of the price to be paid for everlasting life.

"Blessed are those who are persecuted for righteousness sake, for theirs is the kingdom of heaven."

Matthew 5:10

It was the many little nameless and

often forgotten 'good' people who served and improved the quality of life for mankind, giving hope to those dispossessed, and promise of a better future to those disenfranchised. It was the 'good' Senior Citizens who made sacrifices to rear 'good' godfearing children, supervised their education, guided them to become good neighbors and citizens, served as good moral role models, and encouraged them to elevate themselves in the vocations and professions. These Golden Citizens, in their scheme of priorities, placed God and family first. Lacking creature comfort in their youthful days, they did have close knit family unity and great intrafamily love.

The non-committal, indifferent and unaligned, are not engaged on either side. Oblivious, they live under a modified rule without vows, hanging between two spheres and touching neither in a state of moral limbo. They derive benefits from the efforts of those who do take a stand on issues, yet they make no useful or adequate return. They are like the Levite, on the lonely road from Jerusalem to Jericho, who observed a dying mugged victim, passed by him on the other side of the road, not desirous to get involved, and refused to give aid. They are takers not givers. They contribute to nothing. They are interested in their rights but not in their personal responsibilities. They would like political leaders to personally aid them but they would not exert themselves to vote. They would like the 'good' people to promote their well being but they would not attend a meeting to lend support to the effort. Neither hot nor cold, they are the 'lukewarm.'

"...Because you are lukewarm, and neither cold nor hot, I will spew you out of My mouth." Revelation 3:16

To be identified with the "good" we must have faith that will not shrink when washed in the waters of affliction and adversity. And while carrying the burden placed on us by life, be ever mindful that it is not the load that breaks us down, but the way we carry it. Carry it well, while keeping the faith, and then can we walk through this world, with its misery and joy, as happy pilgrims, and use it as a bridge to our Lord, across the stream of time.

Lewis Graves  
Springfield Branch  
Newark Public Library



Kelly green tablecloths and colorful bouquets among the bright multicolored chairs exude a festive air at the Nutrition site of N.C. Associates, cheering all who came for lunch.



Lulu Mae Christmas

## Home Friend Of The Month

Ms. Lula Mae Christmas presently working at 15 Hill Street, was chosen as "Home Friend of the Month", for the outstanding job that she is doing.

She's been working as a homemaker for a total of 9 years. Prior to working with NCC she was with Essex County Welfare.

"I love helping people. My dream has always been to become a nurse. That dream has not become reality yet, so this is the next best thing for me and I really enjoy it," she said.

Ms. Christmas we salute you. Just keep on doing what you're doing and I'm sure you will be blessed.

Gloria Chambers  
Home Friend Coordinator

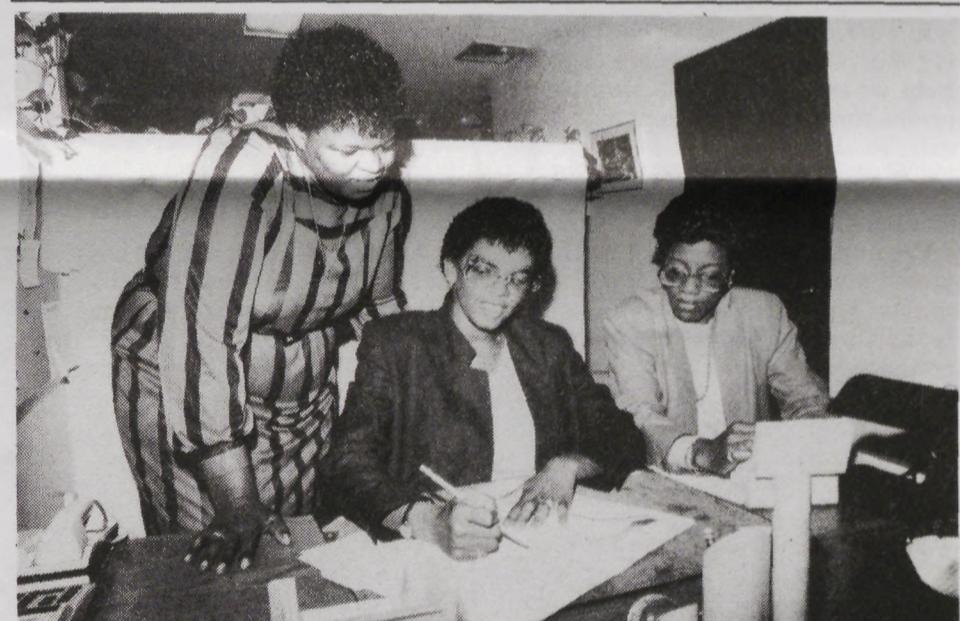
## New Community Roseville News

In Mid-August, Sister Hortensia was transferred from NCDouglas to New Community Roseville replacing Sister Marion Spearman as our Social Services representative for the New Community seniors and disabled of Roseville. We all appreciate her very much, because she came here with plenty of new ideas, and future plans for Roseville activities. Already with the help of Illa Barnes, Evelyn

Massenberg, and Bessie Auston, Sister Hortensia has decorated the Community Room, brightening the atmosphere. We are pleased to have her, and pray the Good Lord will give her strength to carry out her future plans at New Community Roseville.

Welcome to One South Eighth Street

R. Steve Perkins



NCC Family Gardens Tenants Association members, Gloria Chambers (left), Frances Dudley (center) and Patricia Crawley check out their paper work at the end of a busy day.

## Announcement to Members of New Community Federal Credit Union

### LOANS NOW AVAILABLE

The New Community Federal Credit Union is ready to begin accepting applications for loans from qualified members. A loan must be for at least \$200.00 and can be higher. As the Credit Union continues to grow, loan fund availability and the range of services will also grow.

In order to make convenient all credit union transactions such as loan application inquiries, and deposits or withdrawals of shares we have established the following office hours:

**Monday — Wednesday — Friday**

**9 a.m. — 12 p.m.**

**Tuesday and Thursday**

**5 p.m. — 7 p.m.**

To insure that the Credit Union runs smoothly, we ask that you adhere to these hours.

If you have any questions regarding the loan process or the credit union please contact Patrick Richards at 623-2800.

## At Your (Social) Service

by the Staff of NCC Social Services Department

### New Community Conference On Family

A conference addressing a variety of concerns of "the family" will take place on October 26, 1985 at the Newton Street School, Bruce Street, Newark. Registration will begin at 8:30 a.m. Registration fee is \$1.00. Theme: Bringing the Family Together Through Better Understanding.

The idea of this conference stemmed from a variety of both national and local concerns, in the area of crime, child abuse, cuts in human service programs and the likes. The devastating effect of these problems is to cause mass confusion and frustration on the part of the poor — particularly in families, where there are already a multiplicity of daily problems to contend with. Often there is only one parent in the home to face the brunt of all the major responsibilities. There is tension. Consequently, the child becomes the victim of abuse. The child rebels and often seeks revenge on weaker victims, or becomes destructive in the community.

It is anticipated that this conference will provide participants with a vehicle of hope in terms of where to go for help when in trouble. A number of professionals from various agencies will be available to assist in the workshops and as resource persons.

#### WORKSHOP TOPICS Health Concerns:

Pre-natal care for young mothers; proper nutrition for mother and child; mental health problems in the family; how to deal with crisis situations concerning health; therapeutic counseling for children with emotional problems; basic health information about venereal disease; effects of drug abuse etc.

#### Crime/Drug Abuse:

The crime problem in Newark and effects on the community; what is, or is not being done about it; how citizens can help prevent crime; what Block, or Floor Captains are; how to establish a youth crime prevention group; symptoms of drug abuse; how to report a suspected pusher; how to help a family member or friend; who may be a drug abuser.

#### The Problems of Parents/Teenagers-Relating To Each Other:

Lack of communication; the problems that exist in decision making; the lack of trust between parent and youth; the resentment and rebellious attitude of youths toward parents; how to talk about the birds and the bees with your child.

#### Sexual Abuse:

What causes it? Who are the primary victims? What are the effects on the child? How can a parent tell if a child has been abused? How can a parent get the child to expose the abuser without fear of harm? What to do if a child is abused, or missing. How to teach a child about sexual abuse. How to guard against it.

Sponsoring Agencies include:

Newton Street School  
Newark, New Jersey  
Department of Human Services  
New Community Corporation

### Congregate Services Program Revised

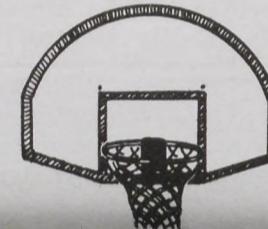
Beginning this month the congregate services program, funded by the New Jersey Department of Community Affairs, will expand its services.

The new expansion will offer two hot meals on weekends for up to 25 people. The weekend program will be held at 180 South Orange Avenue at 12:00 noon on Saturdays and Sundays. This program is meant to be a supplement to the Nutrition program that operates five days a week at this location.

In addition, housekeeping services and personal care services are available for up to 40 persons.

There is a modest fee for this program based on a person's income.

If you are interested in learning more about this program, or know someone who could benefit from the program call Sister Veronica at NCC Social Services at 623-6114.



### Junior Basketball

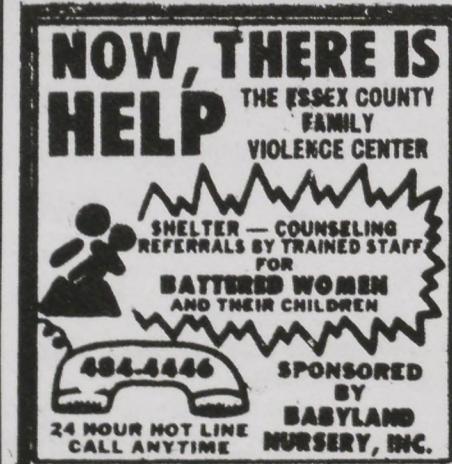
August 12th marked the beginning of NCC's Junior Basketball League. The league consists of 6 teams, boys and girls ages 16 and under. Teams are coached by volunteer residents of New Community, and games are played Monday thru Friday at Newton Street Playground. Game time is 5:00 p.m. Come out and support the youth!

Wildcats — 4-0 — Coach Will Shaw; Blue Demons — 3-0 — Coach Alfonso Best; Sixers — 2-2 — Coach Joseph Leonard; Spurs — 1-2 — Coach San McCray; Hoyas — 1-3 — Coach Gerard Jeter; Lakers — 0-4 — Coach Donald Davis.

#### Players of the Week

Chuck Wilson, Neal Brown  
Kevin White, Darren Davis  
and "MAURICE"

**Top Scorers:** Darren Davis 5.0  
Lakers; Kevin White 19.0 Hoyas;  
Neal Brown 18.0 Wildcats; Chuck  
Wilson 13.3 Wildcats; and Antonio  
Gonzalez 13.0 Wildcats.



### Residents Take Consumer Ed Course

During the summer families from the NCC Manor Mid-Rise, 72 Hayes Street and the Bedford Street Manor townhouses, participated in an exciting, informative Consumer Education series. The classes were provided by Mrs. Rose Pearson, field representative for the Newark Neighborhood Consumer Education Program.

The subject matter basically addressed issues around consumerism, such as what your rights are as a consumer, what you should or should not pay taxes on, how to shop at various types of stores, where to look for bargains etc.

Persons receiving certificates were: Pat Brown, Ida Williams, Bessie Jacobs, Bertha Brown, Glenda Williams, Barbra Perry, Rafaela Melendez, Phyllis Saunders, Brenda Williams.

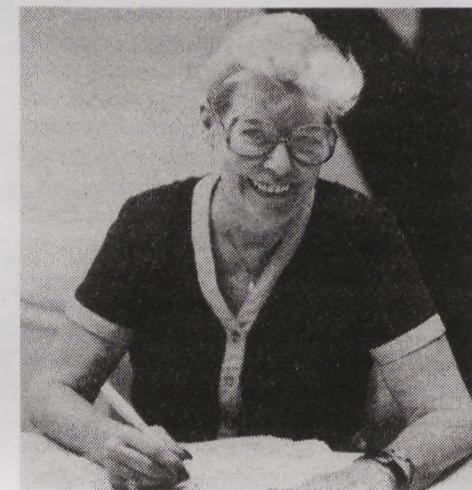
Another course will be offered in October. Any resident is eligible to participate.



Rose Pearson, Neighborhood Consumer Services Representative, distributes certificates to class members upon completion of their course: (left to right) Bertha Brown, Ida Williams, Bessie Jacobs, and Barbra Perry.

### Special Kudos To A Special Volunteer

A school psychologist shares her time. Nancy Walsh was with New Community Corporation Social Services department for the months of June, July and August. Her time for a vacation was spent doing for and helping others. Each day Nancy traveled to the different senior buildings where she was needed, to perform the very necessary task of updating the "Vial of Life" for new residents as well as anyone who had a recent change of medication. We are very grateful to Nancy for sharing herself and her many talents with all of us at New Community.



Nancy Walsh

### NCC After-School Program

The New Community after-school program will begin on September 23, 1985. Registration will begin on September 16 and continue through October 4, 1985. There will be a \$5.00 fee per child for the program. This fee will offset the cost of the program.

The programming will consist of remedial tutoring in reading, math

and spelling, also a hot meal provided every day. The program operating hours will be 3:00 p.m. until 5:00 p.m. There is also a recreational program that will run from 3:00 p.m. until 7:00 p.m. Everyone's Welcome.....

For more information contact Eladio or Sheila at 623-6114, 220 Bruce Street, NC Garden's Pavilion.

**ATTENTION ALL TENANTS**  
NCC Health Care Center  
**623-2480**

Transportation to NCC Health Care Center  
will be provided for your convenience.

## Jazz Night Begins

Thursday September 12th began "Jazz at The Plaza", featuring the Gene Phipps Combo. The atrium of the plaza was filled with the gracious rhythms of jazz while the customers enjoyed the open buffet and cash bar. During the combo's break there was a special feature: Ernie Phipps, uncle of Gene Phipps, gave our guests a few jazz selections on the piano. Many of them are still talking about his version of "Satin Doll". It was a truly great evening.



The atrium of St. Joseph Plaza is a popular gathering place on Friday night as people gather in the lovely newly furnished area for 'A Change of Pace,' as shown above

### NCC Softball Team

#### Wallops HMFA

New Community's vaunted softball team (otherwise known as "The Big Green Machine") rolled to an impressive 14 to 3 victory over HMFA in a nine inning contest in New Brunswick on August 28th.

The powerhouse NCC line-up featured:

Pitcher - Andy Cuevas  
Catchers - Larry Brown and Skip Lee  
1st Base - Matt Reilly  
2nd Base - Bilal Ali  
3rd Base - Kevin Patty  
Shortstop - Emilio Cruz  
Left field - Bill Cruz  
Left-center field - Rock Bogar  
Center field - Francis Thomas  
Right field - Robert Jackson

Andy Cuevas turned in a superb pitching effort, blanking HMFA through the first five innings. Kevin Patty and Emilio Cruz anchored NCC's errorless fielding. Bilal Ali hit the longest triple in softball history as he spent his time admiring the ball instead of running the bases.

#### Revenge Of Security

On Saturday Sept. 14, 1985, N.C.C. Security took revenge on N.C.C. Management, winning 19-1 as Dir. Dubose, pitched a one hitter. The game was tied at the start 0-0 and from that point on, management never saw the light.

Security's most valuable player was Bilal Ali, who went five for five, with two home runs, two triples, and one double.

Rematch anyone?

Our next up-coming event will be Big Band night on Wednesday evenings. It will open in the month of November; watch the "Clarion" for opening night information. These musical nights are being planned to offer an opportunity for people to meet after work in a pleasant atmosphere with colleagues and friends.

This is just the beginning of the many good things that will be happening at The Plaza. Come join us!

## NC Associates

### Nutritional Program

Something new began this summer in the Nutritional Program funded by Essex County and located at NCC Associates. Every last Thursday in the month, there is a birthday celebration for all the people of Newark who attend, honoring those whose birthday is in that month.

Ice cream and cake are served and celebrants are really happy, knowing someone cared to remember them. We do wish them all good health and many happy years ahead.

### Senior Citizen Organization

The Senior Citizen Organization sponsored a trip to Lakewood, N.J. August 17, 1985. The day was well spent with shopping at the flea markets, outlet store, enjoying the floor show and good food. Some are looking forward to going back next year. They also ran a bus to Long Branch, N.J. on August 23, 1985. This was really a fun day. Some played games while others enjoyed the water. Splashing in the Atlantic Ocean was rather rejuvenating. We are looking forward to doing it again.

### Gospel Chorus

The Inspirational Gospel Chorus was invited to the First Hopewell Baptist Church on August 18, 1985 to help celebrate their fifth annual "Senior Day." We were encouraged by the members' compliments and were happy to be part of the program.

We enjoyed the fellowship and stayed for the afternoon service to hear our sisters and brothers in The 140 Gospel Chorus. We felt good knowing we made our manager happy. Rev. R. H. Johnson is the pastor.

### Fellowship Program

Mother Lawrence invited as many as would go with her to Queen of Angels Catholic Church August 26, 1985. It was a fellowship program. For some of us it was the first time attending a Catholic service. Six of us attended and were surprised. We really enjoyed it, and plan to go again. Those attending were Beatrice Athine, Marie Carson, Ethel Cummings, Viola Henry, Ruby Whitehead, and Phyllis Burton. We were called upon to sing and the four of us did our best. Rev. James McConnell is the pastor and Mother Lawrence was the Pianist.

### Talent Show

Ellen Watson represented the New Community Nutritional program at the Senior Citizen Talent show August 30, 1985. The program was presented by the department of Health and Welfare, Newark Office on Aging. It was held at the Bethany Baptist Church Fellowship Hall. We enjoyed the different talents. She presented beautiful butterflies from Arts and Crafts, reminding us how butterflies are part of God's creation.

Phyllis Burton

## Angie Branch Is Scholarship Finalist

Pretty Miss Angie Branch, daughter of Dolores Jean of Newark, and a resident of NCC Gardens Families has been chosen as an area representative in the official New Jersey State finals of the 1985 U.S.A. Teen Miss Scholarship Pageant to be held at the Somerset Hilton. She will compete with other area finalists in communications, evening gown, and interview competitions for the state title and crown of U.S.A. Teen Miss. The title also includes a \$1,000 cash scholarship award.

Angie is a Senior at Central High School where she is on the honor roll and a member of the year book staff and student government. Her ambition after graduation is to go to college to become a corporate lawyer. Her special interests include

volleyball, reading, basketball and football.

Patti LaBelle and Michael Jorden head her list of favorite famous people, with Miami Vice receiving her vote for best TV show. Burgundy is her favorite color, spaghetti her favorite food and volleyball tops her list of favorite activities.

She best describes herself as outgoing and fun and is 17 years of age, has brown hair, brown eyes, is 5'6 3/4" tall and weighs 135 pounds. She will serve as a U.S.A. Teen Miss Area Representative for one year during which time she plans to be active in community affairs. She is sponsored by Ms. Dolores Jean, Ms. Eleanor Plamer, Mrs. Dina Jenkins and Ms. Lasonja Hollins.

Sheila Washington



Angie Branch

## Roseville Seniors Mark 20th Anniversary

On their 20th anniversary, the Roseville Senior Citizens marked the occasion with a festive luncheon at New Community Manor and took time out to thank Monsignor Aloysius Carney for forming their club. The Roseville Seniors had their first meeting on September 13, 1965 and are charter members of the National Council of Senior Citizens in Washington, D.C.

In 1983 after the death of Mrs. Winifred Finneran, the club's founding director, Lou DeGroat took over the responsibilities of her office.

Celebrating with music and dancing and a marvelous meal, the Roseville Seniors spent several lively and enjoyable hours together.



Members of the Roseville Senior Citizen Club enjoy a first class anniversary meal at NC Manor community room.

# Fresh Air Fund Campership Brings Joy To A Young Heart

Perhaps one of the most rewarding experiences is that of helping a disadvantaged person to enjoy life a little more abundantly. This is especially true with a child who may have had the misfortune of being born handicapped; one who in spite of his difficulties still has the zest and enthusiasm for life, and all that it has to offer.

Anthony is such a child. He is twelve years old. He lives with his mother (a single parent), and little sister Keisha, age six. Anthony was born with muscular dystrophy. He has weak muscles from the waist down and has a speech impediment.

This summer NCC Social Services was instrumental in obtaining a "Fresh Air Fund" campership on his behalf. As a result, he was able to have a two week vacation at camp Merry Heart. This camp caters primarily to the handicapped. The cost of this program would have far exceeded this family's budget.

Patricia Murphy, his mother, is a well respected community leader for

her building and played a major role in the NCC Summer Youth Program this year. She is also the head of the floor captains for Manor family mid-rise (225 Hunterdon Street). She is very supportive of both her children. Keisha is in the 1st grade at Newton Street School.

When we visited the Murphy family we found. Anthony sitting in his wheel chair playing with his favorite toy, "Gator" a plastic alligator. When asked what he would like to be when he grows up, he said that he wanted to be a policeman, or fireman. He said that during his camp trip he had talked with both policemen and firemen about their work. He stated that he had even ridden on a fire truck and had found this to be "lots of fun."

In conclusion, the Fresh Air Fund really inspired this young man. He thanks Mr. Washington (Program Coordinator) who gave him the campership and looks forward to an opportunity to go again next year.

V. Scott



Anthony Murphy, proudly wearing his camp T-shirt, poses with his sister, Keisha, and mother, Patricia.

## Officers Of Newly Formed Sentinels Have Swearing-In Ceremony

On Saturday, September 14, 1985, Rev. William Linder, officiated at the first swearing in ceremonies of the newly elected officers of "The Sentinels".

Composed of New Community Security Guards, "The Sentinels", was organized to promote better working relationships among the guards and the community.

Designed to operate as a nonprofit, charitable and benevolent association, the organization's projected goals are to: improve the quality of life for NCC residents in particular and the Newark community in general; through various fund-raising efforts offer scholarships to area youths; provide support to the Big Brother Program, physically and monetarily; involve itself in aiding senior citizens who reside in the NCC complex and in the very near future, under the guidance of James E. DuBose, Director of Security,

organize the junior patrol, which will be composed of NCC youngsters.

In providing these programs, the organization hopes to generate a better understanding within the community it serves, by combating existing problems that tend to prevent a safer and healthier environment.

Newly elected officers are: President, William Cameron; Vice President, Bernard Holloway; Recording Secretary, Patricia Sherrod; Business Manager, Sherrie Eure; Financial Secretary, Roslyn Holmes; Treasurer, Matthew Richardson; Corresponding Secretary, Sheila White; Chaplain, Rock Bogar; Sergeant of Arms, Welton Cartwright and Public Relations, John Jackson.

In attendance at the mid afternoon reception were many relatives and friends of "The Sentinels", all of whom enjoyed a sumptuous meal in the "Priory Restaurant", at the St. Joseph Plaza.



A SOLEMN MOMENT FOR THE SENTINELS: Rev. William J. Linder reads the oath for the swearing-in ceremony. (left to right) Sgt. Welton Cartwright, Sgt. John Jackson, S/O Rock Bogar, Cpl. Sheila White, Cpl. Sherrie Eure, Sgt. Matthew Richardson, S/O Patricia Sherrod, Sgt. Bernard Holloway, Sgt. William Cameron, Mrs. Cecelia Faulks.



Greetings Colleagues & Friends

Join us at "Jazz Night At The Plaza." For your listening pleasure we are featuring the Gene Phipps Jr. Combo. There is also a scrumptious buffet and cash bar from 4:00 p.m. to 11:00 p.m. This evening in conjunction with the "Change of Pace" on Friday nights has been designed to provide an opportunity for people from various companies and organizations throughout the city to meet one another in a beautiful and relaxing atmosphere. Plan to come and bring a friend. You'll be glad you did.